



Reductionism vs Wholism

Drugs vs Food

Man Made Diseases

Germ Theory vs Terrain Theory

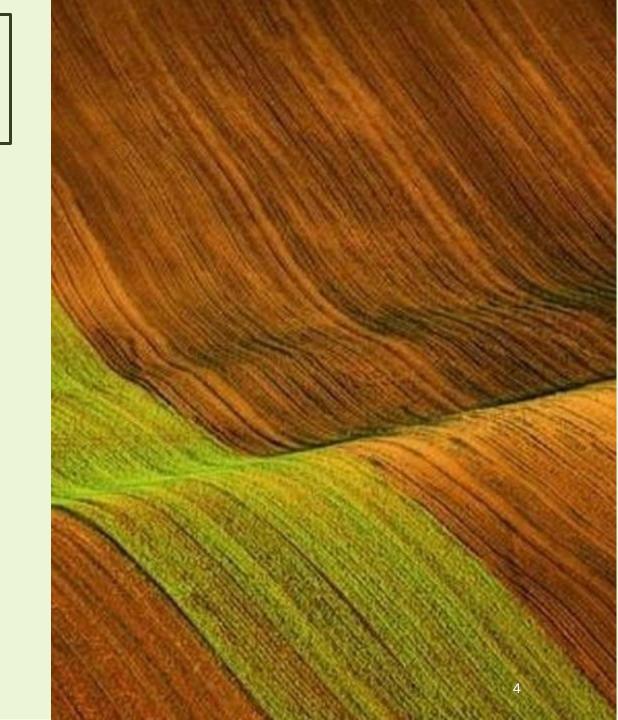
The Final Solution

Challenge your current perspective....



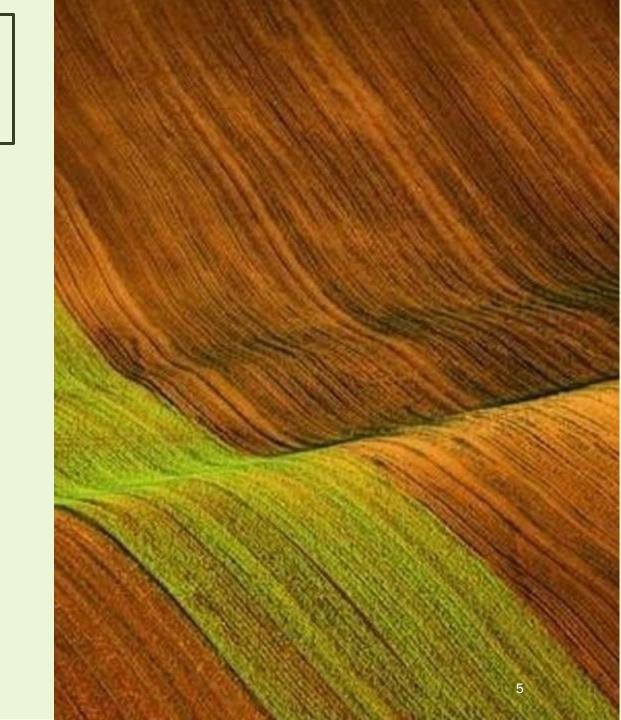
#### PERSPECTIVE #1 REDUCTIONISM

- -Basis of Conventional Western Medicine
- -Principle: Isolate and reduce each part to its smallest component
- -Basis: Separation, innate flaws
- -Aim: To isolate and separate; to identify and attack what is wrong



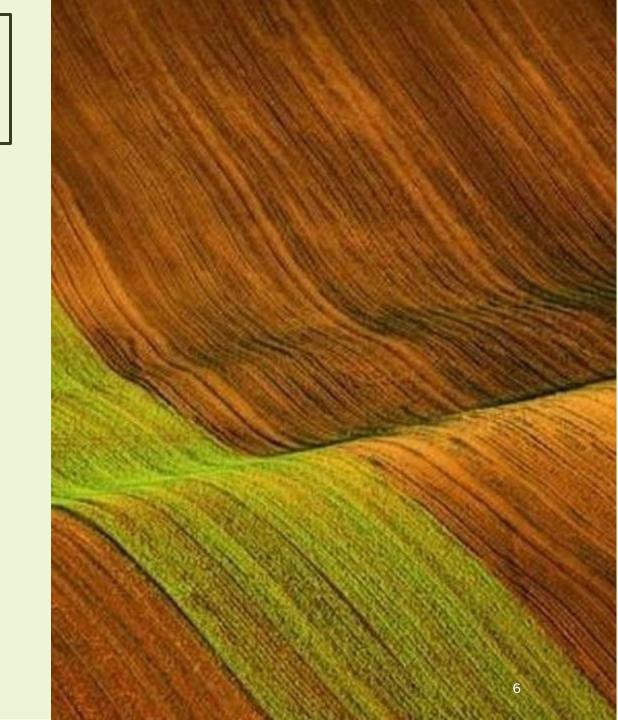
#### PERSPECTIVE #2 WHOLISM

- -Basis of all Traditional Medicine
- -Principle: The whole is greater than the sum of its parts
- -Basis: Oneness, Innate Wholeness
- -Aim: To join, to increase health, well-being, resilience and radiance. To reveal one's innate wholeness and largeness in living



## PERSPECTIVE #1 REDUCTIONISM AS APPLIED TO MEDICINE

- -Led to the development of pharmaceutical and nutraceutical drugs out of plants and foods
- -Single isolated interventions, drugs or nutrients that mandate a specific physical or biochemical change
- -Practice is based solely on studies and reductionist research
- -Disrupts the delicate biochemical balance of living systems; leads to unwanted or unexpected adverse effects in other areas

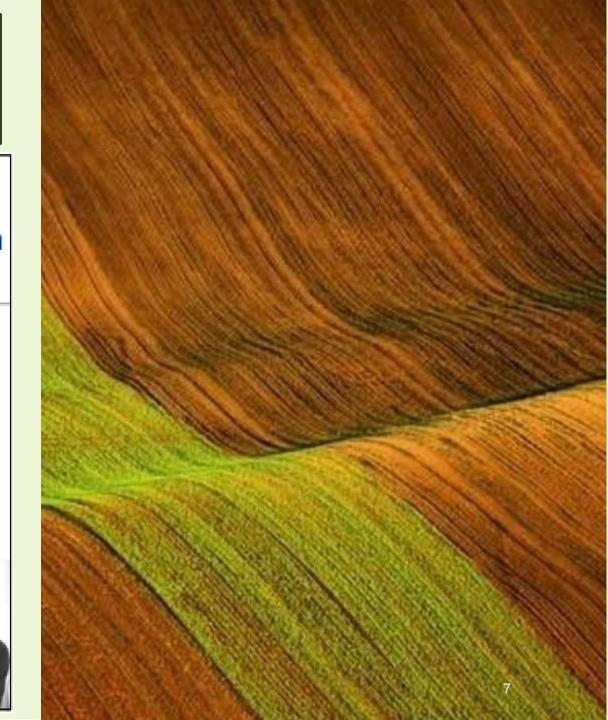


#### PERSPECTIVE #1 REDUCTIONISM

#### Marcia Angell, MD on Medical Corruption

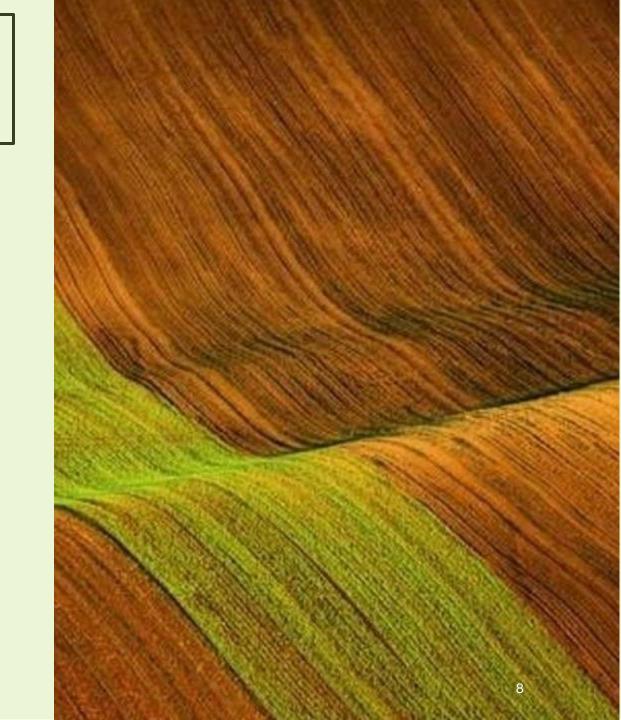
"...conflicts of interest and biases exist in virtually every field of medicine, particularly those that rely heavily on drugs or devices. It is simply no longer possible to believe much of the clinical research that is published, or to rely on the judgment of trusted physicians or authoritative medical guidelines. I take no pleasure in this conclusion, which I reached slowly and reluctantly over my two decades as an editor of The New England Journal of Medicine."

"Drug Companies & Doctors: A Story of Corruption", Published in *The New York Review of Books* magazine, 2009



## PERSPECTIVE #2 WHOLISM AS APPLIED TO NUTRITION

- -Retains the full spectrum of nutritional factors. Nutritional integrity: the synergy of nutrients in a food and of foods in a formula
- -Practice is based on principles and clinical experience, informed by science
- -Pioneered in the nutritional field by Drs. Royal Lee, Weston Price, Melvyn Page, Francis Pottenger and Harvey Wiley



## DRUGS FOR STARVATION

 "That is one of the biggest mistakes that medical science has ever made: to provide drugs to people who are starving. A starving man doesn't need drugs. He needs food. And if he gets food he recovers. If he gets drugs, he doesn't."

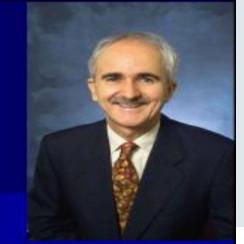
o Dr. Royal Lee

# THEY THINK THERE IS FOOD IN OUR "FOOD" Doritos

"For every human illness, somewhere in the world there exists a plant which is the cure."

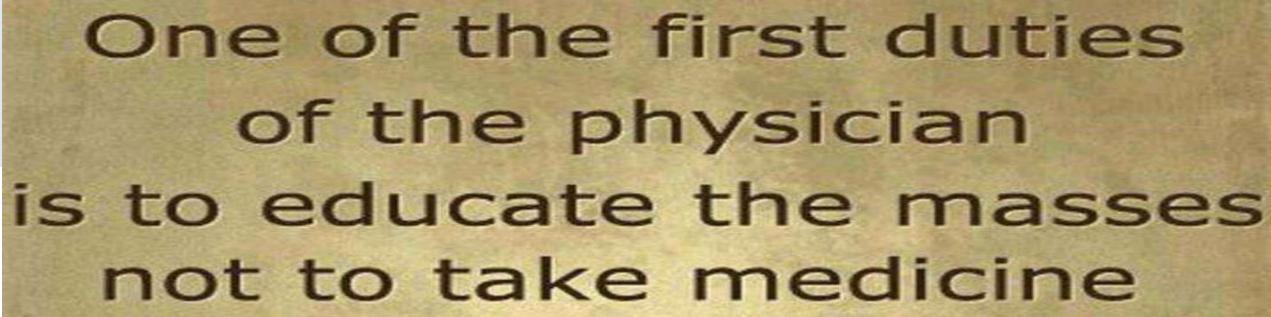
- RUDOLF STEINER

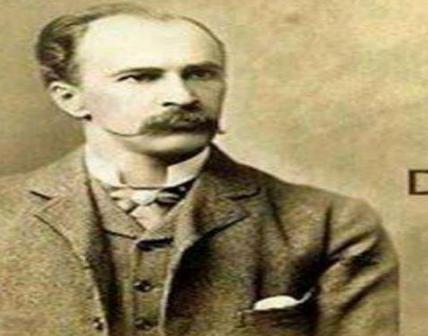




"I believe that there is a healing potential locked inside plants which is integral with their evolution, just as it is part of human evolution to learn to tap this wonderful gift of Nature."

> - Kerry Bone 16





- William Osler - (1849 - 1919)

Described as the Father of Modern Medicine



#### MAN MADE DISEASES

METABOLIC DISEASE

HEART DISEASE

STROKE/CLOTS

ALZHEIMERS/DEMENTIA

AUTO IMMUNE



## METABOLIC DISEASE REDUCTIONIST WHOLISTIC

- A1C, Glucose
- Lose weight
- Metformin
- Semaglutide's

- A1C, CMP (Glucose), Insulin, Lipids, Homocysteine
- Address exogenous toxins
- Nutritional foundation
- Address Absorption
   Obsticles
- Address Emotional Barriers



## HEART DISEASE REDUCTIONIST WHOLISTIC

- Lipid Panel, Vitals
- Statin
- Ca channel blockers,Beta blocker, Betablocker, Beta blocker

- A1C, CMP (Glucose),
   Insulin, Lipids,
   Homocysteine,
   inflammatory markers
- Strengthen Heart
- Address exogenous toxins
- Nutritional foundation
- Address Absorption
   Obsticles
- Address Emotional
  Barriers



# STROKE/CLOT REDUCTIONIST WHOLISTIC

Blood thinners

- CMP, Lipids,
   Homocysteine,
   inflammatory markers,
   d-dimer
- Address exogenous toxins
- High dose CV supp & nutrition
- Nutritional foundation
- Address Absorption
   Obsticles



# ALZHEIMER'S/DEMENTIA REDUCTIONIST WHOLISTIC

Drug Trial

- A1C, CMP, Lipids, Insulin, Aluminum
- Address exogenous toxins
- Carbohydates < 60 g
- Metabolism and inflammatory supp
- Brain support supp



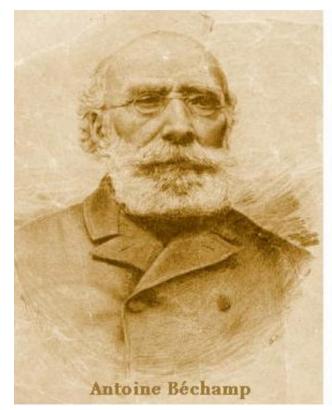
## AUTOIMMUNE REDUCTIONIST WHOLISTIC

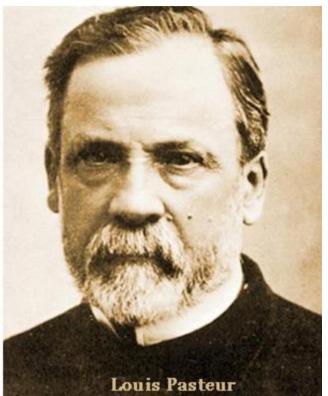
- Steroids
- Other immunosuppresants

- CMP, Lipids,
   Insulin, homocysteine, i
   nflammatory markers,
- Address exogenous toxins
- Nutrient foundation
- Gut weed, repair, feed

#### **GERM THEORY VS TERRAIN THEORY**

- Germ Theory: diseases are caused by the invasion of the body by microorganisms too small to see except through a microscope
- 2. Terrain Theory: Damage to the tissue causes disease and provides the environment for pathogens to exist.





# THE FINAL SOLUTION

- -Symbiosis not sterilization
- -Alive over dead
- -Abstain from the narrative
- -Connection to the food, Earth, Creator

